



. . . To help
other people
at all times . . .

The recent tragedy in New York; Washington, D.C.; and Pennsylvania has touched many lives, and the need for assistance is great. The following is a list of ways you and your family can help in this time of national need. These disaster relief agencies are recommended by the impacted communities.

- ✦ Donations to various emergency response and assistance agencies
 - American Red Cross Disaster Relief Fund
1-800-HELP-NOW
www.redcross.org/donate/donate.html
 - United Way September 11 Fund
c/o United Way
2 Park Avenue
New York, NY 10016
www.helping.org/wtc/11th.adp
 - Salvation Army Disaster Relief Effort
1-800-SAL-ARMY
www.helping.org/wtc/sa.adp
 - Catholic Charities USA
www.helping.org/wtc/ccusa.adp
 - International Association of Fire Fighters
www.helping.org/wtc/iaff.adp
 - New York Fraternal Order of Police
www.helping.org/wtc/nyfopwtc.adp
 - The National Organization for Victim Assistance
www.helping.org/wtc/nova.adp
- ✦ Blood drives
 - American Red Cross
1-800-GIVE-LIFE
 - America's Blood Centers
1-888-BLOOD-88
- ✦ Food drives
 - Contact local food pantry in your neighborhood

Family Time

The following list includes several ways to help you and your family discuss and cope with this tragedy:

- AboutOurKids.org
“Talking to Kids About War”
www.aboutourkids.org/articles/war.html
- The Learning Network
“Talking About Conflict and War”
www.familyeducation.com/article/0,1120,1-6055,00.html
- The Learning Network
“Talking with Children About War—Pointers for Parents”
www.familyeducation.com/article/0,1120,1-4412,00.html

